Grafton Base Hospital
Information Package for Students 2014/15
GRAFTON

One of Australia’s most beautiful provincial cities, GRAFTON [population 18,500] is famous for its trees, graceful old buildings and mighty river. The Jacarandas flower each year in October, providing a spectacular setting and the theme for Australia’s longest running floral festival. Grafton’s Regional Art Gallery rates as one of the outstanding provincial galleries in Australia. The Gallery presents a variety of exhibitions featuring many notable artists and crafts people throughout each year.

Climate

WINTER - Grafton’s climate is mild in winter with cool evenings and pleasant days. A jumper is needed in the evenings.
SUMMER – Grafton can be very hot and humid in summer with temperatures in the mid to high 30C’s.

THE HOSPITAL

Grafton Base Hospital is a level ¾ Base Hospital within the Northern NSW local Health District. Grafton Base Hospital provides acute medical, surgical, orthopaedic, paediatric, anaesthetic, geriatric, maternity and obstetric, high dependency and acute care, renal, oncology, palliative care, emergency, some specialist outpatient services and day surgery facilities to the people of Grafton and the Clarence Valley. There is also a large range of Community Health services, including; Aboriginal health, Mental health, Rehabilitation and Extended Care [non hospital], Drug and Alcohol, Sexual health, Children’s and Women’s health.

UNIVERSITY CENTRE FOR RURAL HEALTH NORTH COAST (UCRH)

The University Centre for Rural Health North Coast (UCRH) collaborates closely with Grafton and Maclean Hospitals. The UCRH has been coordinating student placements for the past ten years.

The aim of the UCRH is to provide high quality health professional education and placements in a rural setting, based on strong partnerships and collaboration between the Universities, LHD’s and clinicians. Our long term goal is that students will return and practice in our area.
STUDENT CO-ORDINATOR AND KEY CONTACT DETAILS

The key contacts during your placement at Grafton Base Hospital are listed below.

<table>
<thead>
<tr>
<th>Name</th>
<th>Email</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Student Coordinator</td>
<td>Tracey Johnson  <a href="mailto:Tracey.johnson@ncahs.health.nsw.gov.au">Tracey.johnson@ncahs.health.nsw.gov.au</a></td>
<td>02 66418793</td>
</tr>
<tr>
<td>Student Administration and accommodation Assistant</td>
<td>Greta Enns <a href="mailto:Greta.enns@ucrh.edu.au">Greta.enns@ucrh.edu.au</a></td>
<td>0266418903</td>
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PRIOR TO PLACEMENT

- You need to ensure your university has placed you in the clinconnect student system with all your documents (Vaccination records, student identification and criminal record check, student undertaking/declaration and tuberculosis assessment).

- If you require accommodation you need to email Greta Enns (above).

- We require all students to complete the online Hand Hygiene Training, print the certificate and bring it with you to orientation. The online package can be found at [http://www.hha.org.au](http://www.hha.org.au)

- Complete an online UCRH (University students ONLY) placement application at [https://clin-ed.ucrh.edu.au/user/register](https://clin-ed.ucrh.edu.au/user/register)


What to Bring To Your Placement?

- University identification card
- Original criminal record check of not verified prior to placement
- Personal effects
- University uniform or smart casual clothes (depending on discipline)
- A smile and a positive attitude.
**FIRST DAY INSTRUCTIONS**

All students must report to the Education Centre/Library on their first day for orientation.

As a general rule the starting time for the first day will be:

- **8:00am** Nursing Students
  - Allied Health
  - Medical Students
  - Interdisciplinary Clinical Experience (ICE) Students – University of Wollongong

- **9:00am** Phase 3 – University of Wollongong Students

Orientation will include:

- Introductions
- Orientation package
- Distribution of rosters
- Grafton Base Hospital student identification and swipe card
- Tour of relevant areas
- Infection Control and Occupational Health and Safety Information

**LIBRARY AND COMPUTER ACCESS**

A well-stocked library is accessible after hours with up to date resources donated by the University Medical schools and UCRH.

Computer and Internet access is available 24 hours in the student computer room in the library. There is no wireless internet available from the accommodation centre.
TRANSPORT

Getting around in Grafton
Timetables for Grafton’s Bus ways buses are available from http://www.busways.com.au/. The bus route that stops outside the hospital will take students down town. Grafton Taxi’s can be contacted on 131008.

How can I get to the beach without a car?
A bus service runs from Grafton to Yamba on a regular basis every day. See the Busways web-site http://www.busways.com.au/ for further information. The hospital has a swimming pool that students can access.

How can I get to Grafton?
Regular flights come into Grafton airport. This route is serviced by Rex Airlines further information is available at http://www.regionalexpress.com.au/home.aspx

Grafton is serviced by Country link trains from both Sydney and Brisbane. See the countrylink web-site http://www.countrylink.info/

Regular bus services also pass through Grafton. Contact your travel agent for the range of coach services available.

What is parking like, if I were to drive?
If staying in the student accommodation limited car parking is available on site behind the conference centre. There is no undercover or security parking.
ENTERTAINMENT

What is there to do in Grafton at night?
There are many different restaurants, clubs and pubs to visit while you’re in Grafton. There is a heritage movie theatre Cinema – The Saraton Theatre [http://www.saraton.com/](http://www.saraton.com/) located in Prince St.

What is there to do in Grafton on the weekends?
There are plenty of activities to do in Grafton including a wide range of sports including:

- Gym and indoor swimming pool
- Tennis
- Golf
- Ten pin bowling
- Bike riding and walking

Within a one hour drive of Grafton is:

- Yamba - beaches
- Coffs Harbour – beaches, shops, movies
- Minnie Water & Wooli – fishing, swimming and boating
- White water rafting can be undertaken at Nymboida
- Maclean – Scottish theme and coffee shops, galleries
- Ulmarra - Antiques
- Nymboida - Russell Crowe Museum and White Water Rafting

Byron Bay is a two hour drive north of Grafton and Brisbane now only four hours.

Grafton has a number of National Parks within a short driving distance.
The Grafton Base Hospital student accommodation Centre is located within the hospital grounds in the old nurse’s quarters.

All rooms are single with linen supplied. Students need to collect linen from the ground floor on their first day and return on when checking out, for cleaning.

Students are required to clean their own rooms and common areas. An additional cleaning fee will be charged in some circumstances.

Noise must be kept to a minimum within the accommodation Centre, especially after 10pm.

**COST**

All UCRH students will be charged a $25/week utilities fee. This must be paid before your last day. Your University will be contacted if payment is not received.

**Accommodation features**

- Fully-equipped kitchen
- Non-smoking
- Communal bathroom and toilets
- Lounge and dining room – both with LCD TVs and DVD players.
- Laundry facilities with washing machine, dryer, ironing and inside clothesline. You will need to supply your own detergent
- Secure/internal access to Library and hospital.
- In Ground swimming pool
- Badminton/Volleyball equipment
- Bicycles donated by UNSW and UCRH. Please see student admin for details.
- No Wifi in the accommodation center. Computers are available in the library, adjacent to accommodation center.

Accommodation reception staff operate 06:00-2:30, Mon-Fri. Students need to check out prior to 10.00am on a Friday so rooms can be cleaned and keys reissued for next intake of students.
Map of Grafton

http://www.clarencetourism.com/media/docs/grafton_map_inside.jpg