



**Health**  
Northern NSW  
Local Health District



**UNIVERSITY CENTRE  
FOR RURAL HEALTH**  
**NORTH COAST**  
*education research workforce*

# Grafton Base Hospital Information Package for Students 2019



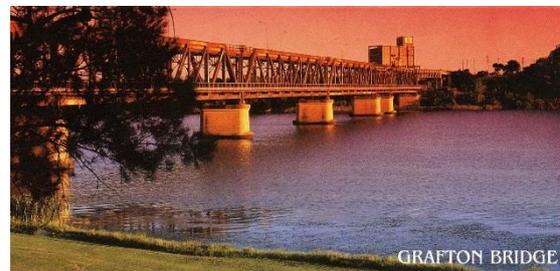
## GRAFTON

One of Australia's most beautiful provincial cities, GRAFTON [population 18,500] is famous for its trees, graceful old buildings and mighty river. The Jacarandas flower each year in October, providing a spectacular setting and the theme for Australia's longest running floral festival. Grafton's Regional Art Gallery rates as one of the outstanding provincial galleries in Australia. The Gallery presents a variety of exhibitions featuring many notable artists and crafts people throughout each year.

### Climate

WINTER - Grafton's climate is mild in winter with cool evenings and pleasant days. A jumper is needed in the evenings.

SUMMER – Grafton can be very hot and humid in summer with temperatures in the mid to high 30C's.



## THE HOSPITAL

Grafton Base Hospital is a level ¾ Base Hospital within the Northern NSW local Health District. Grafton Base Hospital provides acute medical, surgical, orthopaedic, paediatric, anaesthetic, geriatric, obstetric and maternity, intensive and critical care, renal, oncology, palliative care, emergency, some specialist outpatient services and day surgery facilities to the people of the Clarence Valley. There is also a large range of Community Health services, including; Aboriginal health, Mental health, Rehabilitation and Extended Care [non hospital], Drug and Alcohol, Sexual health, Children's and Women's health.



## UNIVERSITY CENTRE FOR RURAL HEALTH NORTH COAST (UCRH)

The University Centre for Rural Health North Coast (UCRH) collaborates closely with Grafton and Maclean Hospitals. The UCRH has been coordinating student placements for the past ten years.

The aim of the UCRH is to provide high quality health professional education and placements in a rural setting, based on strong partnerships and collaboration between the Universities, LHD's and clinicians. Our long term goal is that students will return and practice in our area.



## STUDENT CO-ORDINATOR AND KEY CONTACT DETAILS

The key contacts during your placement at Grafton Base Hospital are listed below.

	Name	Email	Phone
Student Coordinator	Tracey Johnson	<a href="mailto:Tracey.johnson2@health.nsw.gov.au">Tracey.johnson2@health.nsw.gov.au</a> or <a href="mailto:NNSWLHD-GRA-StudentCoordinator@health.nsw.gov.au">NNSWLHD-GRA-StudentCoordinator@health.nsw.gov.au</a>	02 66418793
University of Wollongong Placement Facilitator	Greta Enns	<a href="mailto:Greta.enns@health.nsw.gov.au">Greta.enns@health.nsw.gov.au</a>	02 66418903
Student Administration Assistant	Angela Gibson & Karen Kelly	<a href="mailto:Angela.gibson1@health.nsw.gov.au">Angela.gibson1@health.nsw.gov.au</a> <a href="mailto:Karen.kelly@sydney.edu.au">Karen.kelly@sydney.edu.au</a>	02 66418798
Undergraduate Nursing Student Facilitators	Fiona MacCallum Kaylene Lollback Naomi Bunker Annalise Kelly	<a href="mailto:Fiona.MacCallum@health.nsw.gov.au">Fiona.MacCallum@health.nsw.gov.au</a> <a href="mailto:Kaylene.lollback@health.nsw.gov.au">Kaylene.lollback@health.nsw.gov.au</a> <a href="mailto:Naomi.bunker@health.nsw.gov.au">Naomi.bunker@health.nsw.gov.au</a> <a href="mailto:Annalise.Kelly@health.nsw.gov.au">Annalise.Kelly@health.nsw.gov.au</a>	02 66418960
Accommodation	Angela Gibson & Karen Kelly	<a href="mailto:NNSWLHD-GRA-StudentAccom@health.nsw.gov.au">NNSWLHD-GRA-StudentAccom@health.nsw.gov.au</a>	02 66418798

### PRIOR TO PLACEMENT

- You need to ensure your university has placed you in the ClinConnect student system with all your documents (Vaccination records, student identification and criminal record check, student undertaking/declaration and tuberculosis assessment).
- If you require accommodation email: [NNSWLHD-GRA-StudentAccom@health.nsw.gov.au](mailto:NNSWLHD-GRA-StudentAccom@health.nsw.gov.au).
- Familiarise yourself with the LHD code of conduct.  
[http://www0.health.nsw.gov.au/policies/pd/2015/pdf/PD2015\\_035.pdf](http://www0.health.nsw.gov.au/policies/pd/2015/pdf/PD2015_035.pdf)

# FIRST DAY INSTRUCTIONS

## What to Bring to Your Placement?

- Signed Declaration from NNSW Orientation Manual
- University identification card
- Original criminal record check, immunisation documents and name change documents (if applicable).
- University uniform or professional attire (depending on discipline)
- My Health Learning Certificates;
  - Hand Hygiene
  - Introduction to Work Health & Safety
  - Hazardous Manual Tasks
  - Privacy Module 1 – Know Your Boundaries
  - Between the Flags – Tier 1 Awareness Charts & Escalation (Clinical Students only)
- Evidence of current influenza vaccination
- A smile and a positive attitude.

All students must report to the Education Centre/Library on their first day for orientation. As a general rule the starting time for the first day will be **8am**.

Orientation will include:

- Introductions
- Welcome PowerPoint
- Distribution of orientation package
- Distribution of rosters
- Grafton Base Hospital student identification and swipe card
- Tour of relevant areas
- Infection Control and Occupational Health and Safety Information



# TRANSPORT

## Getting around in Grafton

Timetables for Grafton's Bus ways buses are available from <http://www.busways.com.au/>.

The bus route that stops outside the hospital will take students down town. Grafton Taxi's can be contacted on 131008.

## How can I get to the beach without a car?

A bus service runs from Grafton to Yamba on a regular basis every day. See the Busways web-site <http://www.busways.com.au/> for further information. The hospital has a swimming pool that students can access.

## How can I get to Grafton?

Regular flights come into Grafton airport. This route is serviced by Rex Airlines further information is available at

<http://www.regionalexpress.com.au/home.aspx>

Grafton is serviced by Country link trains from both Sydney and Brisbane. See the countrylink web-site <http://www.countrylink.info/>

Regular bus services also pass through Grafton. Contact your travel agent for the range of coach services available.

## What is parking like, if I were to drive?

If staying in the student accommodation limited car parking is available on site behind the conference centre. There is no undercover or security parking.



## ENTERTAINMENT

### What is there to do in Grafton at night?

There are many different restaurants, clubs and pubs to visit while you're in Grafton.

There is a heritage movie theatre Cinema

**The Saraton Theatre** <http://www.saraton.com/> located in Prince St.



### What is there to do in Grafton on the weekends?

There are plenty of activities to do in Grafton including a wide range of sports including:

- Many Gyms
- Olympic swimming pool and water slide
- Coffee shops
- Shopping world
- Ten pin bowling
- Bike riding and walking

Within a one-hour drive of Grafton is:

- Yamba – beaches, cafes and Pacific Hotel.
- Coffs Harbour – beaches, shops, movies
- Minnie Water & Wooli – fishing, swimming and boating
- White water rafting can be undertaken at Nymboida
- Maclean – Scottish theme and coffee shops, galleries
- Ulmarra - Antiques
- Nymboida - White Water Rafting

Byron Bay is a two hour drive north of Grafton and Brisbane now only four hours. Grafton has a number of National Parks within a short driving distance.



## EDUCATIONAL RESOURCES

### Library

A well-stocked library is accessible after hours with up to date resources donated by the University Medical Schools and UCRH.

### Computer and Internet

Computer and Internet access is available 24 hours in the library. Wi-Fi access instructions given at Orientation.

### Video lecture and Tutorial Rooms

Grafton Base Hospital has a variety of Lecture, tutorial and student rooms. Due to generous funding from a variety of Universities most of our education rooms are equipped with Video conference equipment, PC's and smart boards, for interactive and contemporary learning. Just let the staff know if you would like to utilise any of these rooms whilst on placement.

### Skills and Simulation Labs

Grafton Base Hospital is also equipped with two clinical laboratories.

The **Simulation Suite** is a new teaching space for Simulation Based Education. The provision of high fidelity manikins and other technology enables students and staff to access a simulated clinical environment for real life training and development.

The **Skills lab** provides an environment for practicing clinical skills, such as suturing, plastering, catheterisation and more. The skills lab is equipped with many part task trainers and can be set up for class room style demonstrations.



Weekly fee for ALL students: **\$70** per week.

## Student Accommodation Centre

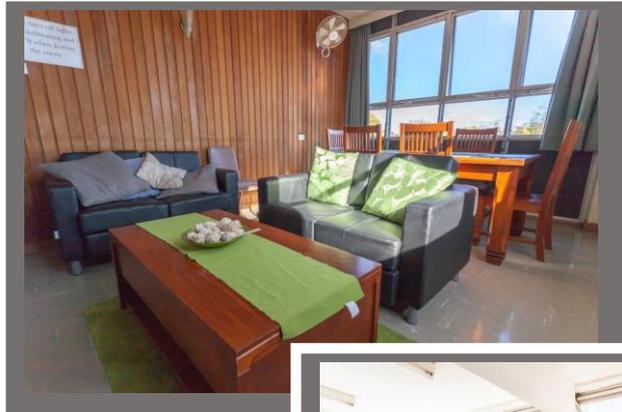
The Grafton Base Hospital Student Accommodation Centre is located within the hospital grounds in the old nurse's quarters.

Please email: [NNSWLHD-GRA-StudentAccom@health.nsw.gov.au](mailto:NNSWLHD-GRA-StudentAccom@health.nsw.gov.au) for all accommodation enquiries

Once your booking is confirmed, you will receive a confirmation email.

You may arrive anytime over the weekend before your placement. Linen and towels are provided. Refer to the map below for directions.

- On arrival, please collect your swipe key from the Emergency department.
- Walk across the driveway to the ground floor of accommodation centre
- Collect your linen from the first floor tea room trolley
- Make your way up the stairs to the second floor
- Your Swipe key will open both your room and stairwell door
- You will be issued with an invoice, please pay this at the cashier in radiology on your first day of placement.
- Vacate before 10am on your last day
- Luggage Lockers available on last day of placement, see staff if required.
- Return keys to drop box and place linen (towels and sheets!) in skips on the



### Accommodation Features

- Single rooms with bed, desk and wardrobe.
- Air conditioned
- Shared kitchen
- Shared bathroom and toilets
- Communal lounge and dining
- Laundry facilities: You will need to supply your own detergent
- Linen supplied.
- 24hr access to Library, PC's and Hospital.
- Wi-Fi
- Swimming pool
- Student Bicycles: Please see student admin for details.
- Computers are available in the 24-hour library.

Walk across zebra crossing outside ED to Accommodation Centre - Enter fire door, first door on left after the little foyer stairs - Use your FOB to gain access to stairwell - Walk up one flight of stairs - Find your room access using FOB or key.

### Important!

- Keep all common areas clean.
- Rooms are single occupancy only, no guests.
- Check out before 10am on your last day.
- Remove linen and rubbish from your rooms prior to checkout.
- If you miss the checkout time, or leave mess you will be charged a \$50 cleaning fee and your University will be notified.

# Map of Grafton

[http://www.clarencetourism.com/media/docs/grafon\\_map\\_inside.jpg](http://www.clarencetourism.com/media/docs/grafon_map_inside.jpg)

